



LIONS DONATE TO DEFIBRILLATOR - Danny Povaschuk (left) of the Elk Point and District Lions Club presents a donation to Claude St. Jean of Elk Point Ambulance toward the purchase of the portable defibrillator and monitor which was recently added to the ambulance equipment to increase survival chances of heart attack victims.

Businessperson of the Year nominations sought

October 22 to 28 is Small Business Week, and Elk Point and district residents are again invited to nominate deserving business owners and operators for the Elk Point Chamber of Commerce Small Businessperson of the Year award.

Elk Point has numerous small businesses whose proprietors take the time to give excellent customer service and go that little extra distance to make sure the customer's needs are fulfilled. Here is your chance to say "thanks." Send your nominations to Elk Point Chamber of Commerce, Box 639, Elk Point, and please remember to include your name and phone number. Deadline for nominations is Tuesday, October 31 at 5 p.m.

The Chamber's October 18 meeting saw some discussion regarding the proposed date of the Christmas Extravaganza, but as the Merchant's Committee Chairperson was

not on hand, the date could not be finalized.

Concerns regarding further changes to the Provincial Electoral Boundaries were brought forth, with the Chamber agreeing to make a written submission protesting any further enlargement of the rural constituencies, which are already so large it is difficult for MLAs to visit the many communities and find out the concerns of the constituents.

Special guest speaker Terry Tereposky drew on her career as a policewoman with criminology and sociology training to give the Chamber members insight on how to spot potential shoplifters and how to avoid being victimized by these individuals. She said that shoplifters often "case the place" before actually stealing anything, and that the amount of loss in some businesses is "amazing." She feels that good customer service, where clerks

Continued on Page 2

Parking and recreation on Town Council agenda

Short term parking of vehicles on Highway 41, Fairgrounds Arena upkeep and revamping of a Recreation Park ball diamond were the subjects of three delegations who visited Town Council's October 16 meeting.

Sgt. John Humphrey of the Elk Point RCMP came to discuss the ramifications of short term parking of vehicles, particularly trucks, along Highway 41 while the vehicle operators run in to get takeout coffee, etc. Truckers have mentioned that if they have to pull off the highway in order to stop for that brief moment, they won't bother stopping here at all. Statistics do not indicate any accidents caused by stopped trucks in the area, Sgt. Humphrey said. Signs prohibiting stopping along the highway between 50th Avenue and the railway crossing will be removed in the near future.

Brian Schnurer and Glen Harms represented the Agricultural Society's Fairgrounds and Livestock Division at the meeting, and

came to further discuss drainage and the keeping of livestock for roping and penning on the premises during the winter months. Representatives of the Division will meet with Public Works in regard to the drainage, and will meet with the Town's Administration regarding an agreement between the two groups.

Minor Ball representative Doug Bassett was the third delegation, and presented Minor Ball's latest proposal on upgrading of one of the Recreation Land diamonds for baseball. They are suggesting increasing the size of the outfield to regulation size, enlarging the shale infield and removing the current perimeter fencing, replacing that when funding is available. They hope to have time to do the infield and to level and reseed the outfield this fall. Bassett said the diamond would then "all be regulation except for the distance from home plate to the backstop." It was suggested that soil which

must be moved to make way for the expansion could be formed into a berm, which when covered with topsoil and planted with grass, would provide extra seating for ball fans. The Town gave Minor Ball the go-ahead to proceed with the work, and offered any assistance they can give without expending more than minimal funds.

Council agreed to set aside the 1995 budget of \$2500 for Cemetery and to budget an equal amount for 1996 so that the Town will have \$5000 to work with for fencing the cemetery and changing the entrance.

They also passed a resolution to hire Lynn Proski as a permanent part-time office employee in place of Carol Mikitka, who has submitted her resignation. Combined with her present part time work with FCSS, Ms Proski will have full time office hours of 35 hours per week.

Council will hold their 1995-96 Organizational Meeting on Monday, October 30.

Homes victim of break and enter

By Sgt. John Humphrey
Elk Point RCMP Detachment

In the early hours of Thursday, October 19, a residence in Elk Point was entered while the family was asleep inside. There was no confrontation with the person responsible, however assorted jewelry was stolen. The family car was ransacked inside the garage but nothing else was taken. There were also two other reports of garages being entered that morning and vehicles tampered with but again, nothing else was taken. As a result of prompt police action, a suspect was arrested as he returned home to the Edmonton areas and the stolen

property recovered in its entirety. In custody is James Anthony McGlauchlin, 28, of no fixed address, Edmonton.

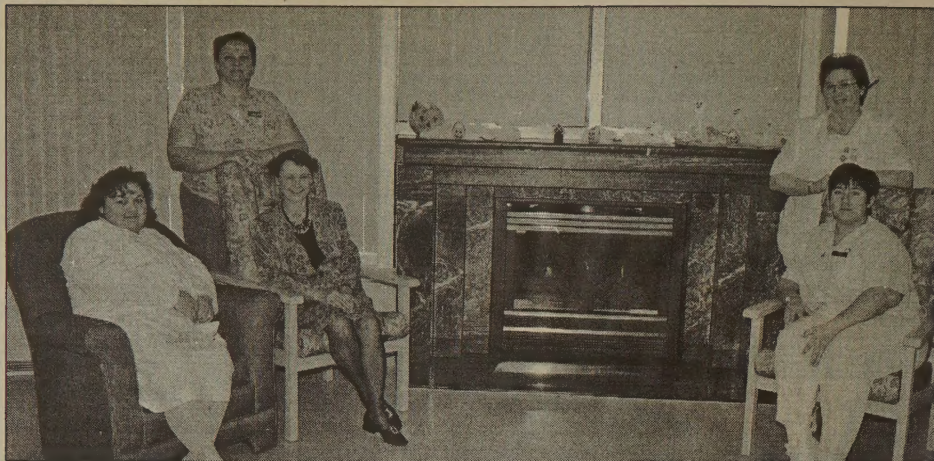
The suspect was an associate of two others arrested in Leduc the night before. It would appear that the three had been very active in home invasion type break and enters in the north eastern Alberta area over the last several weeks. The incidents in Elk Point are typical of the style used, which would involve traveling to communities and randomly attempting to enter residences through attached garages. Once inside, vehicles would be searched for cash, credit cards and other valu-

able small items. The house would be entered and items of jewelry, watches, cash and the like, stolen. Stolen items were disposed of quickly for cash.

It must be stressed that this type of home invasion break and entered with the occupants at home is extremely unusual and rare. They are offenses committed when the opportunity presents itself, so here are a few tips to help prevent them.

* When retiring for the night, make sure your doors and windows are securely locked. If a criminal has to make noise to get in, he risks attracting attention from the

Continued on Page 2



COMMITTED TO QUALITY CARE - The caring staff at Parkview Extended Care include (l - r) Patti Pitman-Fisher, Lillian Pacholuk, Carolyn Onusko, Deanna Fakeley and Corrie Beazley.

Home break and enters

(Continued from Front Page)
occupants or neighbors.

* Leave exterior lights on, or set up a timer system when away and have someone check your house regularly.

* Look out for yourself and your neighbors and report any suspicious activity to the police immediately.

* Don't leave vehicles unlocked with keys and/or valuable items in them.

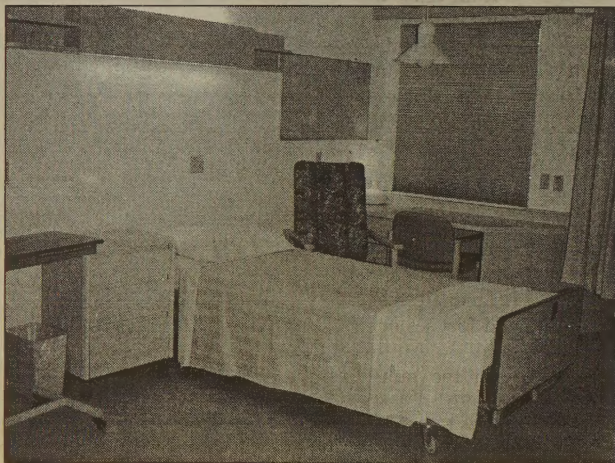
* Where possible, mark your property or record a description of it to help identify it if it is stolen.

For further information about home security and protection of property, please call the RCMP detachment and we will be pleased to assist you.

One dead in intersection crash

Jay McKinney, 32, of Lloydminster, died Thursday morning, October 19 after the pickup truck he was driving went through a stop sign and hit an embankment at the junction of Secondary Highways 641 and 897, 22 km north of Marwayne. The truck's other occupant, Ronald Penko, 29, also of Lloydminster, was hospitalized with critical injuries.

The accident is currently under investigation by Elk Point RCMP, and alcohol may have been involved.



COMFORTABLE AND SPACIOUS ACCOMMODATION - such as this room at Parkview Extended Care is available for those in need of respite care.

This is not . . .

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October 28, 1995
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Best Costume Prizes: 1st, 2nd and 3rd

Respite care program new at Health Center

An Adult Day Support and Respite Care Program has been developed by the Elk Point Health Center. Two beds are available in the Parkview Extended Care facility which can be utilized by individuals from the community who are currently being looked after at home, by friends or relatives. This will provide temporary care for the individuals as well as providing relief support services for the caregivers.

Special aids, medications, clothing and toiletries are to be brought along with the individual, and clients are encouraged to bring their own comforter or blanket and pillow from home to make their stay more comfortable and homelike. The clients will be provided with meals and will have access to the services of the health care team, including

professional nursing services, social and recreational programs and laundry facilities, for a small fee.

Caregivers will be requested to fill out an outpatient and history form and to leave a contact name and phone number in case of an emergency.

Clients may be admitted for varying periods of time, from a few hours to two weeks, with a minimum charge for an 8-hour period.

Those wishing to make use of the program for their loved ones may contact their doctor, home care nurse or the Health Center, 724-3847, asking for Barb Kaufman or Patti Pitman-Fisher, for further information.

The staff of the Elk Point Health Center would be pleased to have the opportunity to be a part of the community support network and assist in the care of these individuals.

Northern Lights Library System

Invitation To Bids

For Office Cleaning Services

Cleaning services are required for our Elk Point office. The successful bidder will provide bonded or bondable staff for twice-weekly cleaning starting soon after the bids deadline. Basic janitorial equipment and supplies are provided for you.

Please include references if available.

Bids accepted until 5:00 pm, November 2, 1995

Service Requirements List Available By Calling:
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FCSS News

Maintaining and improving quality in significant relationships

This is the last in a series of articles about quality in significant relationships.

Quality relationships occur when individuals commit to a mutual responsibility, acknowledging that it takes two people to make a relationship happen. Here are some suggestions to enhance the quality of a significant relationship:

1. Enhance communication skills by increasing knowledge, practice and experimentation.

2. Be mutually supportive. Respect the right of each person to be an individual. Acknowledge and accept that their needs, wants, concerns, and goals may not be similar, that they are not different, not wrong. Individuals need respect, love, caring, understanding and trust in their significant relationships.

3. Encourage outside relationships - Significant relationships are quite intense and emotional. Often it is difficult to say what we really feel. It is important and necessary to express these feelings safely. It's easier to "get them off your chest" with a friend that is not so emotionally involved. One doesn't feel threatened by a friend who can be more objec-

tive and will listen.

4. Provide for individual roles, space, time and privacy - Individuals need "their turf" for self expression, fulfillment and well-being. Individual growth and development should be mutually encouraged.

5. Development of shared time and pursuits - Too much focus on individuality defeats the importance and need for others in our lives especially those we love and care for. Therefore, it is important to spend time together nurturing the relationship and developing shared interests and pursuits.

6. Learn to Compromise. Create "win/win" situations where each individual shows a willing need to give a little and seek mutual agreement and satisfaction by compromise.

7. Set aside maintenance time - To ensure continued relationship satisfaction, it is important to set aside time on a regular basis to "check in" with each other, to discuss individual/shared needs, wants, concerns, goals and desired lifestyle. Regular maintenance helps individuals to keep in touch, to be aware of individual changes, to highlight the importance of the relationship

and to promote increased quality.

8. Be a friend - provide companionship, caring and non-possessive, non-demanding love. One of the nicest things to say about a significant other is that they are not only a spouse, parent, etc., but are also one's best friend.

True Colors Family Workshop

Interagency is bringing the True Colors Family Workshop to Elk Point on Saturday, November 4 from 10:00-4:00 at the Elementary school. This workshop has received rave reviews in a host of communities and Interagency is excited about bringing it to Elk Point!

The True Colors model is based on a theory for understanding individual differences: both in yourself and in others. It promotes self-awareness, enhances personal communication, facilitates conflict resolution and focuses on self-esteem.

Everyone in the family is encouraged to attend. Children need to be in grade 1 and older to participate in the workshop. Free child care will be provided for those who can't participate. The cost is 20\$ per family. Be sure to mark November 4 on your calendar and attend this fun, exciting

and innovative workshop!

Elk Point Parent Nursery

Elk Point Parent Nursery is a non-profit "cooperative" organization which provides an environment where moms with newborns, toddlers and preschoolers up to age 5 can meet and have some fun. They run a semi-structured program Wednesday and Thursday mornings from 10:00 a.m. to 12:00 noon. The program includes time for free play, a craft, a snack and a story. Throughout the year various outings are scheduled such as; swimming, visiting a petting farm, a fire station, the police station and fun time at a park. Parent Nursery is held in the basement at the Baptist Church

and runs from October to May. Fee is \$35 per family, per year. For more information please call Donna Amos-Arnold (President) at 724-3373.

TIDBITS

Have a good mind. No matter what situation you're in, find something good about it, rather than the negative things. And in dealing with other human beings, find the good in them as well.

We are all interdependent. Do things for others - tribe, family, community - rather than just for yourself.

Look Forward. Turn what has been done into a better path. If you're a leader, think about the impact of your decisions on seven generations into the future.

ANNOUNCEMENT

Doug and Carol Lee

ARE HAPPY TO ANNOUNCE THE FORMATION OF THEIR NEW COMPANY

A & J Oilfield Services Ltd.

Having acquired the oilfield rental equipment from
LEEWAY HEAVY OIL LTD.

We would be pleased to continue to serve previous customers, and invite new customers to consider A & J Oilfield Services Ltd. for your needs in oilfield rentals.

Doug and Carol would like to express their appreciation for the business and support during the eleven years that they were with Leeway Heavy Oil Ltd.

Any questions please call
Doug or Carol at (403) 724-2647



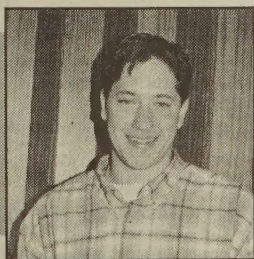
Elk Point Liquor Store

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MANAGEMENT**

Owner / Operator
Corey Levasseur

Winter Store Hours (as of Nov. 1/95)

Monday - Thursday .. 10:00 a.m. to 7:00 p.m.
Friday 10:00 a.m. to 9:00 p.m.
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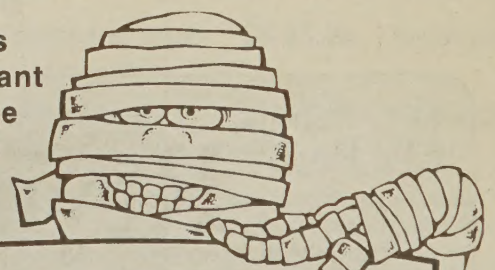
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Cover Charge \$10 Includes Midnight Lunch

Advance Tickets Available
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View Points

Small but mighty

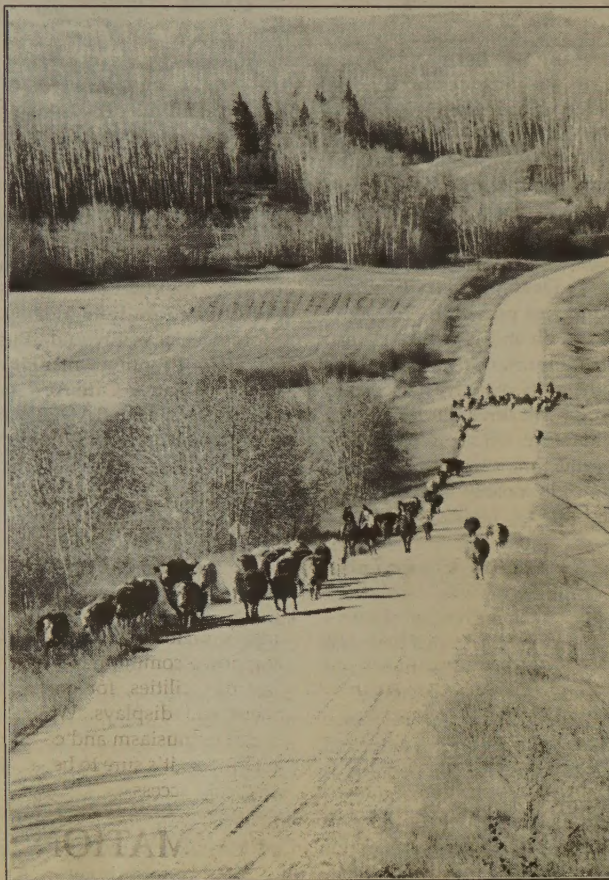
October 22 to 28 is Small Business Week. This week we recognize the importance of the small businesses that we deal with every week, without thinking about the excellent service they give us, and the vital part they play in the life of the community.

Our downtown, and our highway commercial area, are filled with these businesses. They bring us our gasoline, our groceries, our videos, our clothing and our vitamin pills. They supply our insurance, sell us building supplies, do our plumbing, provide facilities for us to do our laundry. They provide breakfast, lunch, dinner and unending cups of coffee, and also provide entertainment and some of our leisure time activities. The businesses in our industrial park supply the needs of the oil industry, fix our vehicles, and fabricate items needed for farms and home building.

Of course, not all of our businesses are small businesses. The oil companies are major corporations, but they provide a ready market for the service companies, and bring us a sizeable population to utilize our retail sector. The large oil service companies, as well as the truss plant, all started out as small businesses, and have now grown to a point where other communities use their services and products. And we must not forget our banks, which are branches of larger firms, but which serve the needs of not only the populace, but the small businesses themselves.

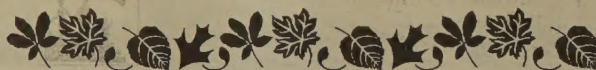
It's a far cry from the days when Elk Point was a handful of general stores and a livery stable, but the enterprising spirit that brought those first businesses to town, endures yet today. It's good to see new businesses opening their doors, and young people having enough faith in our economy to open those businesses.

Now it's up to us to support those businesses, and keep them viable. This year, why not try to do the majority of your Christmas shopping right here in town, and keep these stores and services wide open and in business?



BRINGING THEM HOME - A beautiful sunny Sunday, October 15, saw the cattle heading home from summer pasture in the Spring Park area. Riding herd were Ken, Dale and George Pinder, Larry Babcock, Ralph and Lisa Hallwachs and Sara Ramer.

Photo by Florence Pinder.



Nutrition Notes

Fiber facts

By Shelley Miller-Hertes, RD
Elk Point Health Centre

There are two types of fiber, soluble and insoluble. Soluble fiber is a soft fiber that helps in the control of blood sugar and in the lowering of blood cholesterol. Good sources of soluble fiber include: oat bran, oatmeal, legumes (dried beans and peas, lentils), and pectin rich fruits (apples, strawberries, citrus fruits). Insoluble fiber (or roughage as it was once called) helps prevent and control bowel problems and may help prevent certain types of cancer. Good sources of insoluble fiber include wheat bran, wheat bran cereals, whole wheat bread, fruits and vegetables (including the skins and seeds when practical).

Aim for 25 to 30 grams of fiber per day. Increase your fiber intake gradually, overdoing the fiber could leave you feeling bloated and gassy. Make sure you drink plenty of fluids with the fiber.

Increasing the fiber-start the day with a fiber-rich cereal; add some fruit to your favorite cereal; choose whole grain breads; load your plate with vegetables; add some beans to your meals (baked beans, bean or pea soup); snack on high fibre fruits (pears, apples, nectarines, raspberries); and add raisins or dates to your favorite cookie recipe.

It's The Law!

By Sgt. John Humphrey
Elk Point R.C.M.P.

Recently I was asked about the legalities of shooting BB guns in town. There are several things which must be considered when answering this question and hopefully the following will clarify the situation.

All BB guns are by definition "firearms" as described in Section 84 of the Criminal Code -

firearm means any barrelled weapon from which any shot, bullet or other projectile can be discharged and that is capable of causing serious bodily injury or death to the person, and includes any frame of receiver of such a barrelled weapon and anything that can be adapted for use as a firearm.

It is an offence under Section 86 of the Criminal Code to point a firearm at another person whether the firearm is

loaded or unloaded, to use, care, handle, ship or store a firearm in a careless manner or without reasonable precaution for the safety of other persons.

It is also an offence under Section 52 of the Wildlife Act to discharge a firearm or cause a projectile (bullet) from a firearm to pass within 200 yards of any occupied building.

The Town of Elk Point also has a Bylaw prohibiting the discharge of any firearm, air gun or air pistol within the limits of the Town of Elk Point.

As you can see, the intent of the legislation clearly stresses the safety aspect when using firearms. The use of firearms within town limits is very restricted by the law, and in fact a strong argument could be made that any use of firearms within a town would be unsafe because of the high density of the population and

Using BB guns

the greater chance of an accident causing injury or death.

Firearms with a muzzle velocity under 500 feet per second can be possessed and used without any of the requirements of a Firearms Acquisition Certificate (FAC) and age restrictions, within the limits described above. Those with a muzzle velocity in excess of 500 feet per second can only be possessed and used by person over the age of eighteen who have a valid FAC, with a few exceptions. If you have any doubts as to what category your BB gun falls into, contact the R.C.M.P. detachment for clarification.

It is only common sense that any firearm be used in a manner that is safe to the user and those around him. If you have any questions about permits, registration, firearms and their use, please feel free to contact the detachment at 724-3964.

The Elk Point REVIEW

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Palliative Care Week observed

Palliative Care Week, October 20-27, celebrates a service that offers compassionate care, support and improvement in the quality for the terminally ill patient and their family. It is an opportunity to showcase the work and support for Palliative Care in the community and to increase public awareness.

Palliative Care Week this year marks the opening of the palliative care room at the Elk Point Health Center. This room will allow the palliative patient access to acute medical care while retaining the home atmosphere. The Elk Point Palliative Care Team has worked hard in making this room a reality.

The Care Team also provides a variety of services to assist the person receiving care to live as actively and as comfortably as possible. The services include personal care, transportation, household assistance, food preparation, reading, music therapy, conversation/listening and day/night sitting. A team of volunteers includ-

ing Lucille Povaschuk, Carolyn Onusko, Irene Lindquist, Jean Mc Ginnis and Lois Ramer are available to provide these services. Former members include Helen Moneta and Gloria Berg.

To kick off Palliative Care Week some of the members attended a workshop and concert in Bonnyville presented by Ann Mortifee. Reverend Norm Hartley and his wife Jill will be presenting a workshop on Taking Care of Palliative Clients for the Palliative Care Team.

The services, equipment and medical supplies provided by the Palliative Care program are funded in part by donations from individuals and community groups. If you would like to make a tax deductible contribution, mail your donations to Elk Point Palliative Care Account, Bag #3, Elk Point, Alberta, TOA-1A0. If you wish, please designate how you would like your funds to be used.



MILITARY WHIST TEAM PLACES THIRD IN VIKING - On September 9, this foursome of Elk Point seniors, (left to right) Pearl Slywka, Gwen Nelson, Marg Clark and Morris Cooper attended the Senior Fun Days in Viking, and returned with the Third place ribbons in Military Whist. These Fun Days held in the various towns are a good way to meet other seniors and make new friends. Try it sometime!

First Night plans well underway

Plans for Elk Point's second annual First Night Festival are well underway, with newcomer Cindy Casper bringing fresh ideas and enthusiasm to the role of chairperson for the event.

The First Night Committee held their second meeting last week, and set "Take Time To Remember" as their theme. Many of the activities on the tentative list are reminiscent of earlier days, and will in turn, make this a New Year's Eve for the whole family to remember.

A number of the proposed activities are a repeat of last year: skating, ice and floor curling, a puppet show, musical entertainment, karate demonstration, story telling, hospital visits and a quilt raffle. But there are new ideas as well - sleigh and/or dogsled rides, a maze constructed of bales, snowmen, ice sculptures, indoor games, and a variety of displays of old-time equipment and memorabilia.

And yes, there will be fireworks, if the available funding permits.

Other suggestions included having the arena concession provide the food, rather than organizations running food booths, and eliminating a guest speaker from the lineup, as this had been scheduled last year primarily because of the Year of the Family theme.

The group, consisting of rep-

resentatives of various clubs and organizations in the community, will meet again in mid November to continue the planning process. In the meantime, letters will be going out in search of funding, and com-

mittee members will be tracking down commitments for the use of facilities, for entertainment and displays. With this much enthusiasm and community input, it's sure to be another great success.

ALZHEIMER INFORMATION WORKSHOP

Thursday, October 26, 1995, 7:00 p.m.

Elk Point Seniors' Centre

To register or for additional information call FCSS at 724-3800



ELK POINT CURLING CLUB GENERAL MEETING

Wednesday, November 1, 7:30 p.m.

in the Hogged Rock Lounge
Discussions & Elections to be held.
All interested curlers please attend.

For more information or to register, Please call Murray at 724-2118

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Further Ed workshop moved

Due to the huge response, the Linda MacPhee workshop scheduled for tonight has been moved to Room 13, Elk Point Elementary School, from its original location at the Further Education building.

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Grade A

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Grade A

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Market size Average weight 90 lbs

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(SOME OF) THE WRUTH FAMILY - Back row (L to R): Lee, Shawna (holding Duchess), Lana; Middle row: Danielle, Mable, Clayton; Front row: Derek, Rhonda.

Pioneer Circle bingo

October 16, 1995

Mary Rose Piesinger \$8, Debbie Orr \$8, Lillian Ewasiuk \$8, Lillian Durand \$8, Randy Jacobson \$30, Lena Cap \$30, Mary Sevenky \$30, Melinda Young \$30, Dawn Bruins \$30, Ann Palynchuk \$30, Carol Bugera \$30, Helen Pelech \$30, Cecile Sadowinsky \$10, Helen Pelech \$10, Sandra Fryingpan \$10, Olga Ruzycki \$15, Leona Bielech \$15, Rose Kozicki \$30, Harry

Dumont \$30, Harry Dumont \$30, James Moosepayo \$30, Alice Drielech \$30, Joyce Waskahat \$82, Carol Bugera \$18, Muriel Cardinal \$18, Walter Yaremkevich \$18, Olga Tomkow \$136, Claire Hallwachs \$50, Carol Lee \$1936, Pauline Pankiw \$76, Mike Watchmaker \$76, Art Fortin \$76, Mike Stuparyk \$38, Grace Durocher \$38, Stan Jendruck \$25, Art Fortin \$25, Bernice Bykowski \$25.

Wruths named Foster Family of 1994

By Andrea Tombrowski

St. Paul Journal

Hats off to Lee and Mable Wruth of Elk Point. They were chosen Northern Alberta's Foster Family of 1994.

Lee and Mable brought their first foster child into their home when a social worker told them that a little girl was getting off the plane that night and desperately needed a home. They agreed to take her in. That was 25 years ago.

Now, more than 60 children later, the Wruths still find room in their humble home and big hearts to care for foster children.

"Things have changed a lot from 25 years ago," says Lee. "Now foster parents are screened and required to go through extensive training. When we began, there was nothing like that in place."

When asked why they do it, Lee and Mable's youngest natural-born child, Lana, jumps into the conversation and explains, "Mom has a really big heart. She can't say no."

Mable says the greatest joy about being a foster parent is when the child comes home from school with a big smile and says, "See, mom, what I did today!"

The greatest challenge to Lee about being a foster parent is having to part with the child when the day comes for them to leave. Mable adds, "A part of you goes when they go."

The Wruths are currently taking care of five children all from the same family. The children's

artwork is pasted all over a floor-to-ceiling bulletin board in the kitchen, with colorful pictures and cut-outs of rainbows, teddy bears, and hand prints.

During the interview, one of the children comes in from the fun outside and asks for one of the lollipops on the large kitchen table.

He's also seems a little curious as to what the person with the camera is doing there. He leaves, and soon one by one, the remaining foster children come scampering into the house looking for their lollipop too.

Lana says, "It was interesting growing up and learning a lot." The plate on the front of her car says "MINE." Considering that she has five natural brothers and sisters and has "never had a mom and dad to (herself)", the open statement on the car is not so hard to understand.

In the meantime, the Wruths are working a little more time to themselves. Once a month they hope to take a Saturday and Sunday off and get away from everything.

Consider that in the past 25 years, the couple has always had the children with them wherever they went. "Only twice, once for a job interview and once for the death of Lee's father" did the Wruths not bring any children with them.

Otherwise, one could say that Lee and Mable have been holding a 24 hour per day job since 1970 as foster parents. And they still find enough room and love to continue with it.

A big "hats off" to them.

More FCSS News

A Fence Or An Ambulance

I'd like to share this wonderful little poem with you, that helps illustrate the FCSS philosophy of prevention. I hope you enjoy it!

"TWAS A DANGEROUS CLIFF, as they freely confessed,

Though to walk near its crest was so pleasant; But over its terrible edge there had slipped A duke and full many peasant.

So the people said something would have to be done,

But their projects did not at all tally; Some said, "Put a fence around the edge of the cliff,"

Some, "an ambulance down in the valley."

But the cry for the ambulance carried the day, For it spread through the neighboring city;

A fence may be useful or not, it is true, But each heart became brimful of pity

For those who slipped over that dangerous cliff;

And the dwellers in highway and alley Gave pounds or gave pence, not to put up a fence,

But an ambulance down in the valley.

"For the cliff is all right, if you're careful," they said,

"And, if folks even slip and are dropping, It isn't the slipping that hurts them so much,

As the shock down below when they're stopping."

So day after day, as these mishaps occurred, Quick forth would these rescuers sally

To pick up the victims who fell off the cliff, With their ambulance down in the valley.

Then an old sage remarked: "It's a marvel to me

That people give far more attention To repairing results than stopping the cause,

When they'd much better aim at prevention. Let us stop at its source all this mischief,"

cried he'

"Come, neighbors and friends, let us rally; If the cliff we will fence we might almost dispense

with the ambulance down in the valley."

"Oh, he's a fanatic," the others rejoined, "Dispense with the ambulance? Never!

He'd dispense with all charities, too, if he could;

No! No! We'll support them forever. Aren't we picking up folks just as fast as they fall?

And shall this man dictate to us? Shall he? Why should people sense stop to put up a fence,

While the ambulance works in the valley?"

But a sensible few, who are practical too, Will not bear with such nonsense much longer:

They believe that prevention is better than cure,

And their party will soon be the stronger. Encourage them then, with your purse,

voice, and pen, And while other philanthropists dally,

They will scorn all pretence and put up a stout fence

On the cliff than hangs over the valley.

Better guide well the young than reclaim them when old,

For the voice of the true wisdom is calling, "To rescue the fallen is good, but 'tis best

To prevent other people from falling." Better close up the source of temptation and crime

Than deliver from dungeon or galley: Better put a strong fence round the top of the cliff

Than an ambulance down in the valley

Joseph Malins

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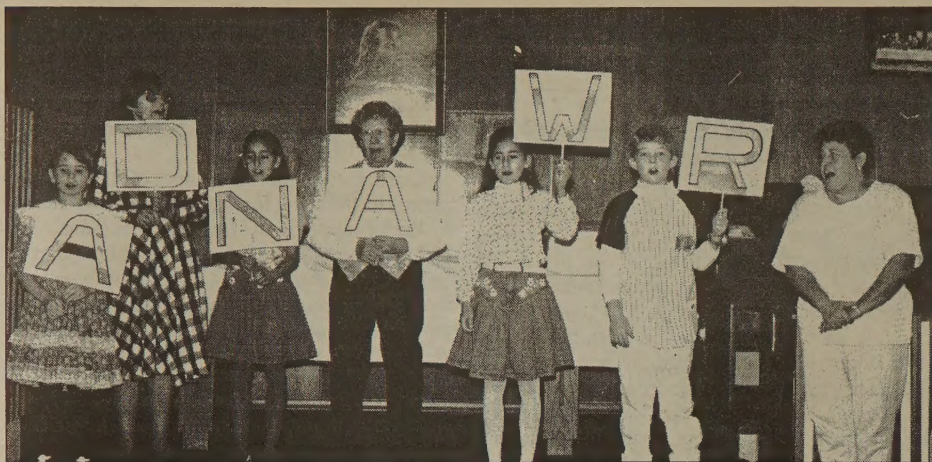
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SUNDAY SCHOOL HELPS RWANDAN ORPHANS - Teachers and some of the students of Elk Point United Church Sunday School spell out the name of the country whose war orphans they are helping, with a special meaning for every letter.

Interagency sponsoring True Colors workshop

Elk Point Interagency Committee members represent agencies and organizations with numerous events and activities in the works, but one which is sponsored by the group itself is coming up next month. The True Colors Workshop, which will teach families about getting along with each others' personalities and minimizing the conflict that result from personality clashes, goes November 4 and involves the entire family, from preschoolers up. Babysitting is available for the tiny tots.

A special presentation at this month's Interagency meeting was provided by Terri Ehler and Linnette Newby, who reported on a "Managing Transition" Conference they attended recently. The two agreed the conference had been uplifting, and had provided keys to self-preservation such as keeping track of successes, taking care of oneself, making laughter a part of one's life, and supporting one's colleagues.

The Crisis Management Subcommittee is still busy, and will soon have a draft of the Crisis Response Directory completed.

A meeting of the Youth Service Program subcommittee was planned for October 12, but was cancelled due to lack of interest in the program.

Deanna Easthope will chair the new Children's Services Working Committee for Elk Point. The onetime FCSS director is fully competent and will be excellent for the position, Terri Ehler reported.

November will see new Interagency Chairman Norm Hartley take the leadership of the group. Judi Malone, Mae Hendrickson and Vernice Cartwright volunteered for the nominating committee which will find a new secretary and vice-chairperson.

Updates from the various agencies showed the Town of Elk Point holding their 1995-96 Reorganizational Meeting at the end of October, the Host Family group with training sessions for newly recruited host families, a number of workshops upcoming at AADAC, and upgrading classes at AVC.

The Heart Health program's rescreening workshop series is starting, and will revisit all the groups they have seen in the past two years. The tobacco reduction project has received funding for a second year and will be working with

teens in the schools.

Native Counselling provides a number of programs free of charge, the Crisis Centre is willing to take excess produce, and Elk Point Seniors were hosting flu shot clinics.

Elk Point FCSS is sponsoring an Alzheimers Workshop on October 26, with a video, panel presentation and other information.

The County of St. Paul FCSS is planning for Family Violence Prevention Month in November, and also has an orientation meeting on the Tough Love concept coming to St. Paul on October 25. On November 15 there will be a workshop on reuniting families divided by adoption. Also, November is Driving Sober month.

Elk Point Baptist Church has "Let's Celebrate our Faith" coming November 9, and their Sunday School Christmas Program on December 10.

Sunday School raises money for Rwanda

The children of Elk Point United Church Sunday School have been busy this year, and not just on Sundays. They have willingly done tasks for family, friends and neighbors, and have earned \$350, which they are now donating to help the war orphans of Rwanda.

In making the presentation on Sunday, the youngsters shared the messages they have learned as they earned, with messages for every letter of the name of the country they are helping.

"R" stands for Reaching out to people around the world, Refugees who need our help, and Remembering that we are all equal, with nobody better than anyone else because of the clothes they wear or their skin color.

"W" stands for World Vision, which enables us to help those in need anywhere in the world, for Willingly, the way this money was earned and saved, and Word of God.

"A" stands for All: all of us have to help one another, all of us are God's children and should be able to live without the fear of war or persecution.

"N" stands for Nothing can destroy God's love, Now is the time to give, and Never let anything stop you from sharing God's love.

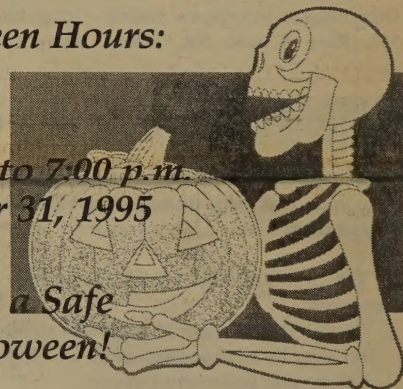
"D" stands for Danger of starvation, for Dignity and respect, and for Deliver us from evil.

Finally, "A" stands for Always share what you have with others, Always remember those less fortunate than ourselves, and Always love and care for others.

Halloween Hours:

4:00 p.m. to 7:00 p.m.
October 31, 1995

Have a Safe
Halloween!



LEARNING TO DO BY DOING - Elk Point 4-H Saddle Slickers held a workshop at the Elk Point Fairgrounds on Saturday, with knowledgeable instructors such as Joyce Larson (right) passing along their horsemanship skills to the young riders. The weather cooperated beautifully, making it a fine day for horseback riding.

What's news at the library?

Friends of the Library contribute over \$23,000 in past three years

By Michele Ducek
Librarian

The Friends of the Library held a meeting last week and it was revealed that since their inception in September 1992, the Friends have donated over \$23,000 to the Elk Point Public Library. This is a remarkable achievement and one that the Library greatly appreciates. Anyone wanting to join the Friends of the Elk Point Library in their fund raising activities can get in touch with me at the library. And for all those current friends who couldn't make the meeting, your membership dues (1 little loonie) are due.

We just received yet

another small batch of new books with something for everyone:

Parents will find plenty of help to counteract long trip boredom with *The World's Best Travel Games* by Sheila Anne Barry. This book is chock full of games that can be played anywhere.

Making Kites by David Michael is also full of ideas for young people. This book includes step-by-step instructions for making a variety of kites and includes directions on how to flight test your creations.

Christmas came early this year with *Silent Night* by

Mary Higgins Clark. This short novel tells the story of Brian, a young boy who chases a pickpocket and finds himself in New York's subways on a journey that will change him, his mother and the thief.

All those Faye Kellerman fans will want to check out *Sanctuary*, another Peter Decker and Rina Lazarus mystery. When a diamond dealer and his family disappear and a second dealer is found murdered, Peter and Rina find themselves involved that in a mystery that spans the globe.

Catherine Cookson's latest is called *A Ruthless Need*. Geoff Fulton rescues 14 year-

old Lizzie from a life on the streets. When he returns from World War 2, he finds that Lizzie is all grown up and changed. But Geoff has changed as well and not necessarily for the better.

Library Calendar:

Friday mornings, 10:30 a.m.: Story time. Stories, crafts, songs and more.

Friday, October 27, 1995 10:30 a.m.: Story time Halloween Party. Come in your costume for a scary good time.

Monday, November 6,

CRAFTS AND MORE SALE

Saturday, November 18/95 at the Elks Hall, 1:00 - 5:00 p.m. Sponsored by the Ladies of the OORP. For booking tables, call Leona: 724-3860 or Dina: 724-2481

1995: The Friends of the Library have an exciting bing-

Did You Know:

The first transactional telegram was sent on October 24, 1861. (Probably some kid at Harvard asking his dad i-

CHURCH SERVICES

Elk Point Baptist Church
5705 - 49 St., Elk Point
Pastor Jim MacLellan - 724-4194
Family Worship Service
Sundays - 10:00 a.m.
Sunday School f
or All Ages - 11:15 a.m.
Call Church answering service for current programs and times.
United Church of Canada
Elk Point

REV. NORM HARTLEY - 724-3615
CHURCH OFFICE HOURS
Normally - Mornings Tuesday to Saturday
WORSHIP SERVICES
Sunday - 10:00 a.m. Church Service; 10:00 a.m. Sunday School

Elk Point Christian Community Church
4802 - 53 Ave. Sunday Worship Service - 10:00 a.m.; Sunday School - 10:00 a.m.; Adult Bible Study - Sun. 11:30 a.m. (Child care provided); Youth Group (Fri. Club - Gr. 4, 5 & 6) 2nd & 4th Fri. 7 p.m.; Office hours - Thurs. & Fri. 9 a.m. - 12 noon Rev. Sam Donaldson 724-3353 or 645-2607

Bible Fellowship Church
Clandonald
Services held every Sunday at 11:00 a.m.

St. Michael's Catholic Church
Sunday Mass 12 p.m.

Bethel Lutheran Church
of Lea Park
Sunday Worship Services, 10:30 a.m.

St. Vladmirs' Ukrainian Orthodox Church Elk Point
For service times, call 645-5156, St. Paul or 724-4351, Elk Point.

COMMUNITY NEWSLINE

UCW Rummage Sale - October 13 and 27, 10 a.m. to 2 p.m., next door to the United Church.

Al-Anon Family Group Meeting, Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

Elk Point Farmers Market is held in Elk Point United Church Hall on Fridays from 11 a.m. to 3 p.m.

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, west door, Elk Point.

"New To Town" FCSS would like to welcome and familiarize new families with the services and programs available in town. Welcome packages contain a community directory, volunteer directory, coupons, maps and more! Call 724-3800 for more information or drop by 4902 - 51 Street.

Recycle Your Paper - Paper trailer is located at the Universal Bottle Depot - 5214 Railway Ave. We take newspapers, flyers, computer and bond paper. No cardboard boxes, milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

Elk Point Public Library - Mon. - CLOSED; Tues. 10 a.m. to 5 p.m.; Wed. 2 p.m. to 9 p.m.; Thurs. and Fri. 10 a.m. to 5 p.m.; Sat. 11 a.m. to 3 p.m.; Storytime - Fri. at 10:30 a.m. Photocopies, Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

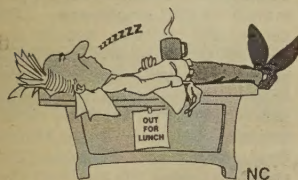
Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

Elk Point Olettes regular meeting is the 1st Thursday of the month. For more information, call Fay at 724-2036.

Elk Point & Area "Stop Family Violence" Support Group - meetings are held 2 times a month. For more information call 724-2380, 724-3800 or 645-1950

Adoption Support Krew - meets the 2nd Mon. of every month at Social Services Bldg., St. Paul from 7:30 - 9:30 p.m. For more info call 724-3031.

Many Albertans gamble as a form of recreation. For a small minority, however, gambling becomes a problem. If you or someone you know is experiencing personal, social or financial problems as a result of their gambling, confidential help is available. Call 1-800-665-9676.



How to cope with being tired

(NC)—If you find that you are often tired, try to plan ahead and divide what you have to do into small, manageable tasks. For example, if you are preparing a meal:

(1) Prepare parts of the meal at different times of the day, so that you don't have to spend so much time preparing everything at the same time.

(2) Organize the food and utensils in one place so that you don't have to walk back and forth to find things.

(3) Plan your day to allow for some rest periods.

An OT tip from the Canadian Association of Occupational Therapists, Ottawa.



Johnson family to minister in music

Elk Point Baptist Church will be hosting the Johnson Family, a gospel music ministry based in —, at the church on Sunday, October 29 at 2 p.m. The Johnsons recently performed at the Glendon Harvest Supper and Gospel Concert and were much

enjoyed. Anyone who likes gospel music will thoroughly enjoy this performance. Everyone welcome.

Thank You!

I would like to thank very much everyone who attended my 90th birthday party. It was a joy to see all of my many close friends and family. A special thank you to those who worked so hard to make my day special: the ladies & gentlemen who provided the excellent entertainment; my lady friends that tended to the guest book and served the cake. For those who delivered the government certificates; all the people involved with the setting up of the head table and the delicious lunch; the chosen words of the blessing. To my MC for the program and to all who brought the beautiful cards and gifts. My heartfelt appreciation and God bless all of you.

Neva Beattie



THANK YOU
to all my electors
in Division 1 who
supported me
at the polls.

John Lypowy

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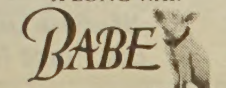


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1 AUCTION

ANTIQUE COLLECTABLE & MISCELLANEOUS CONSIGNMENT SALE - October 29, 11 a.m., Stoney Lake Hall. From Elk Point on #646, 7-1/2 miles west, 2 miles south. 724-2393 or 724-2070, evenings. Oct24

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Bonnyville Nouvelle

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Elk Point Review - 724-4087

1 AUCTION

RESTAURANT EQUIPMENT AUCTION, Hiway Host Family Restaurant (formerly Bonanza) south end Red Deer, Oct. 28, 11 a.m. Selling complete contents including tables, chairs, W/I, food service equipment, more. Montgomery Auction Services Ltd. 403-885-5149. 1-42

STORE EQUIPMENT AUCTION - Better Buy Food Mart, Trochu, AB, Oct. 24, 11 a.m. Selling checkouts, tills, shelving, coolers and freezers, meat equipment, bake-off oven and more. Montgomery Auction Services Ltd. 403-885-5149. 1-42

UNRESERVED AUCTION, Sun., Oct. 29/95 at 1 p.m. Junction of Hwy. #2 and Okotoks Overpass. 1536 sq. ft. ranch bungalow, 4 years old (built to be moved) completely finished cedar siding and shakes. Teske Auction Services (1984) Ltd. 403-285-0869. 1-42

CPA Canadian Public Auction Ltd. Unreserved Truck and Equipment Auction, Mon., Nov. 20, 1995, 8 a.m. Selling on behalf of the Cities of Calgary and Red Deer, AGT Limited, Transalta Utilities Corporation, Alberta Transportation and other consignors. Partial listing: '92 J.D. 624E; '90 J.D. 892 D-LC; Cat 212, 4 X 4; Cat 235B. Dozers, loader backhoes, light, medium and heavy trucks, trailers, etc. CPA can sell your equipment on a commission, guarantee or outright purchase basis. For further information please call: CPA - Canadian Public Auction Ltd., 1605 - 34 Ave. S.E., Calgary, AB. 403-269-6600. 1-42

2 AUTO

FOR SALE - 1989 Pontiac 6000 LE; air, power locks, radio, new radial tires, 4-cyl. engine, 155,000 km, \$4,500 obo. 724-3099. O31

1988 FORD 1/2-TON 4X4 - Supercab, 5-speed, short box, \$7,500.00. Phone 726-2964. O24

1989 CHEV. 4X4 TRACKER - 5-spd. AM/FM cassette, hard and soft top. \$6,500. Phone 645-5699. O24

1980 CHEV. SILVERADO BLAZER - With 10" lift kit and mud tires. Runs great. Body's rough. Asking \$2,500. Call 645-5792. Oct24

1990 GMC 3/4-TON 4X4 - Automatic, good condition, good tires, 82,000 km, asking \$8,900. Call 645-5792. Oct24

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6 EMPLOYMENT OPPORTUNITIES

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EARN UNLIMITED INCOME - Companies want home workers. For information send SASE to: M. Magnan, Box 63, St. Paul AB., T0A 3A0. Oct31

MAKE MONEY preparing tax returns: Manual and computer courses by self-study; free brochure. 1-204-956-7161; 1-800-219-8889. Fax 1-204-949-9429. Jacks Institute, 902 - 167 Lombard Ave., Winnipeg, MB, R3B 0V3. 3-44

GET CREDIT where credit is viewed. Athabasca University with Access TV now offers nineteen home-study credit telecourses. TV broadcasts supplement learning materials. Register year round, call 403-675-6168 for information. 2-42

REGISTERED NURSES! Neonatal patients need your care. Study Neonatal Intensive Care Nursing (NICN) through distance education. Contact NICN Program, Mount Royal College, 4825 Richard Road S.W., Calgary, T3E 6K6. 403-240-6755 or 1-800-240-6891. 1-42

REGISTERED NURSES! Develop expertise in caring for the critically ill. Study Advanced Critical Care Nursing (ACCN) through distance education. Contact ACCN Program, Mount Royal College, 4825 Richard Road S.W. Calgary, T3E 6K6. 403-240-6755 or 1-800-240-6891. 1-42

STUDY GERONTOLOGY without leaving home. If you are an RN or have a post-secondary diploma or degree and wish to develop skills in working with older adults, contact Gerontology Program, Mount Royal College, 4825 Richard Road S.W. Calgary, T3E 6K6. 403-240-6053 or 1-800-240-6891. 1-42

EXPERIENCED H.D. mechanic required for heavy truck/equipment repair shop. Good wages and benefits. Athabasca. Fax resume 1-403-675-2724, phone 1-403-675-5888, Les. 3-43

LICENSED H.D. MECHANIC full-time. Experience on large trucks, Class I preferred. Send resume to: 400148 Alberta Limited, 821 - 11 Ave. S.E., Slave Lake, AB, T0G 2A3 or fax 403-849-4792. 2-43

BANFF TRANSPORTATION and Tours requires drivers (clean Class 2 or 4) tow truck operator mechanic and licensed auto body man (with experience). Salaries commensurate with experience. Fax resumes to 403-762-8534 or present in person at 204 Wolf St. (Budget office) or mail to: P.O. Box 808, Banff, AB, T0L 0C0. 2-43

6 EMPLOYMENT OPPORTUNITIES

WANTED: Heavy duty mechanic. must have Caterpillar Crawler experience to work full-time in shop and field in northern Alberta. We offer above average wages and benefits. Fax 403-835-5570. Mail: Box 670, Fairview, AB, T0H 1L0. 2-42

AGRO MANAGER career opportunities with the Co-operative Retailing System. We are currently recruiting for Agro management positions at retail across western Canada. Our managers are involved in all aspects of retail operations, ordering, receiving, merchandising, customer service, staff supervision and development. Successful candidates will be mobile, have proven experience in fertilizer, chemical and agro related products and possess strong operation abilities, leadership and interpersonal skills. A post-secondary agriculture diploma or degree will be a definite asset. The Co-operative Retail System is a multi-billion dollar enterprise that includes more than 300 retail co-operatives and our wholesale organization Federated Co-operatives Limited. With approximately 15,000 employees. CRS careers offer challenge, diversity, and competitive salaries and benefits. If you are interested in starting a career in the CRS, please apply in writing, stating qualifications and salary expectations to: L.H. (Larry) Walter, Human Resource Manager, Federated Co-operatives Limited, P.O. Box 2599, Calgary, AB, T2P 2P4. 1-42

REINDERS LOGGING LTD. requires experienced feller buncher, skidder and de-limber operators for work Nov. through Mar. in Manning area. Call 403-836-2479 or fax 403-836-2706. 1-42

EXPERIENCED PUMPJACK repair mechanic required for north central Alberta area. Reply to: Box 871, Slave Lake, AB, T0G 2A0. Attention: Manager. 1-42

MOVE TO VANCOUVER, become a financial planner. Excellent training, licence preferred. Fax resume to: 604-986-1585 or phone 604-681-4642. 1-42

HORSE BROKERS INTERNATIONAL - Professional sales people to present network communication system to stable operators in AB, BC, SK. Horse and computer background an asset. Ms. Archer 1-800-646-8499 or 403-735-6330. 1-42

7 ENTERTAINMENT & EVENTS

FARMFAIR INTERNATIONAL, Northlands AgriCom, Edmonton, Nov. 4 - 12. Alberta's largest celebration of agriculture. Farmfair '95 will have 18 breed shows, 11 sales and dynamic western entertainment. Information 403-471-7300. 4-45

DAYSLAND 50 bred heifers or \$50,000. plus \$20,000. in additional prizes. Draw date Nov. 4/95. Only \$50. Cheques, Visa/Mastercard. Daysland Lions Club, Box 460, Daysland, AB, T0B 1A0. 403-374-3900. Licence #119600 4-44

CAMEO'S CRAFT SALE. Nov. 2 - 5. Hours: Weekdays 11 - 10 p.m., weekend 11 - 6 p.m., Edmonton Convention Centre. Features: Craftsman from across Canada displaying and selling their beautiful works. Win a \$500. shopping spree. 2-43

LLOYDMINSTER ELK BREEDERS Classic Sale, Dec. 9, 1995, 115 head. Approximately 35 bred heifers, 40 heifer calves, 40 bulls on offer. Dec. 8. Royal Bank Classic. Reception, trade exhibits and viewing of elk. For information call Lloydminster Exhibition 306-825-5571 or fax 306-825-7017. 1-42

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

■ Lakeland Marketplace

7 ENTERTAINMENT & EVENTS

HEIFER CASH DRAW. First prize \$30,000. worth of bred heifers or \$30,000. cash. Second prize 300cc 4 X 4 quad. Third prize golf cart, also 10 prizes of \$1,000. Only 2,000 tickets printed. \$50. each. Trochu Golf Club, Box 689, T0M 2C0. 403-442-2747. License #R120587. Mastercard/Visa. 1-42

8 FEED & SEED

FOR SALE - Canola Greenfeed, 1000 lbs. bales. Protein 10.6%. 645-6757. 031

FOR SALE - 2nd cut alfalfa and timothy mix hay, large round bales, no rain. Phone 798-2163 or 798-2195 (Plamondon). 024

HAY FOR SALE - 40 large round bales, first cut; 34 large round bales, second cut. Phone 645-4293. 031

WANTED - 2nd cut hay, alfalfa or alfalfa brome mix, no rain. Phone 853-2209. Oct24

FOR SALE - Big round alfalfa / timothy hay bales. Excellent quality 1st and 2nd cut. JD 535 baler. Call 636-2892 after 6 p.m., Vilna. Oct24

HAY - Mixed Timothy Alfalfa / Brome Alfalfa, also Alfalfa. 4-wheel drive John Deere 7020. Phone 645-2274. xxx

DEAL FARMER TO FARMER

- over 80 sources
- hauls 50 - 5-1/2' bales
- self unloading
- reasonable rates

The Hayburner

Gary Melnychuk
Ph. (403) 782-7228
Cell (403) 391-0299

9 FOR RENT

FOR RENT - 2 bedroom home in Elk Point, asking \$300/mo., \$300 d.d., fridge, stove included. Available immediately. References please. Phone 724-3357. Nov7

1 BEDROOM HOME - Centrally located, recently renovated, fridge and stove, very reasonable utilities, \$300 per month. Call V. MacFarlane 853-6484 Vermilion. xxx

LOVELY WELL KEPT farm home over- looking Derwent Village. \$300. Carl 466-5263. xxx

3 BEDROOM HOUSE in Central Elk Point, includes utilities, \$500.00. Phone 1-435-1481. xxx

10 FOR SALE

SHAKLEE PRODUCTS FOR SALE - Nutritional supplements, water purifiers, environmentally friendly cleaning products. Call Marie Poulin at 645-3506 for further information. 031

FOR SALE - Rough lumber \$350 per thousand. Phone 636-3676. Oct24

TRAILER SPECIALS, new 16', 18', 20', 14,000 lb. G.V.W. 16" - 10 ply radials, H.D. 6" Channel frame, electric brakes, D.O.T. lighting. \$3,300. Many other trailers in stock. S.W.S. Trailers 403-349-5200, 403-671-1202. 4-43

BUILDINGS FROM FUTURE - Q20 X 48 \$6,535; Q42 X 60 \$11,965; A30 X 42 \$8,163; S25 X 30 \$6,464. Including ends, sliding door, GST, and freight to Calgary or Edmonton. Call 1-800-668-5111. 3-43

GOURMET COFFEE delivered to you. Medium and dark roasts, flavoured, decaf, ground or beans. Catalogue: S.A.S.E. to: Aroma Borealis, 40058 Baker Centre, Edmonton, T5J 4M9. 403-944-9603. 1-42

AURORA TELEPHONE in good condi- tion. Open to offers. Box 1890, Valleyview, AB, T0H 3N0. 1-403-524-3056. 1-42

10 FOR SALE

COMMERCIAL/AGRICULTURAL woodframe metalclad straightwall buildings. Lowest prices. Prompt service. Trouble free construction anywhere. Engineering and design available. Apex Building Systems, Calgary, 403-293-1050, 1-800-679-APEX(2739). 1-42

ROUND HAY BALES. Cheap. Free delivery. Self unloading. No Sunday calls. Wanted 4030 or larger John Deere. Any condition. 403-843-6380. 1-42

HEAVYWEIGHT TRUCK WANTED. Kenworth, Ford, International, etc. 1984 - 1990. To mount water well rig on. Must be in good condition. Phone 403-433-2555 days, 403-434-2826 evenings. 1-42

1994 JOHN DEERE 892 ELC, 1919 hours, serial number: FF892EX011049, air conditioning, stereo, 32" pads. 1994 LM 2300 Limit delimber CW HYD layover, top saw, butt saw, measuring system c/w 3-D and short eyes, all guards, aux oil tank and pump, machine like new. 1992 John Deere 790D-LC, serial #: FF790DL008483, just over 8000 hours, less than a 1000 hours on reconditioned engine and all pumps and motors, c/w 1992 Harricana Can-trac role stroke delimber, less than 1000 hours on new Can-trac, top boom chin, front and rear grab arms recently pinned and bushed, excellent condition, c/w complete boom stick and bucket attach. For use as hoe. Contact Greg Buchanan at 403-523-4544. 1-42

60' X 90' X 14' FARM SHOP, straight wall, galvalum cladding, \$19,975. Coloured cladding, doors, windows, labour and freight extra. Master-Craft Buildings Systems Ltd. 1-800-432-1836, Calgary - 403-209-4117. 1-39

LOTS FROM \$19,995. Bi-levels, bungalows from \$45. per sq. ft. 16 widths from \$45,995. Large selection and top quality Triple E Homes. Pleasant Homes 403-962-0238. 14-51

LOWEST PRICES on SRI and Triple E, eg: 16 X 72, 3 plans to choose from \$39,995. + GST. Legend Homes, Calgary, 403-259-5836. 4-45

LOOKING AT a new manufactured home? 1/2" drywall throughout. R40 ceiling, R26 walls, R30 floor. Chiles Homes, Red Deer 403-346-3800; Calgary 403-266-5992; Slave Lake 403-849-4424. 2-43

\$41,900. BRAND NEW 3 bedroom, 2 bathroom home with fridge, stove, coverings, gas water heater, 2 X 6 construction, storm doors. Limited offer. Commonwealth Homes, Red Deer, 1-800-341-6675. 1-42

WHAT'S IT GONNA cost - less than you think at Central Alberta Custom Homes, Red Deer. The best manufactured homes at the best prices. Phone 403-347-5566. 1-42

UNIQUE OPPORTUNITY to design your home, gather your ideas and watch them come together. Buy direct from the manufacturer, built by Noble - designed by you! 403-447-2333. 1-42

SHOWHOME CLEARANCE SALE - Jandel Homes. \$750,000. of 1995 inventory to clear. Savings up to \$5,000. 16' widths, double wides and reconditioned used homes. 1-403-478-1404, 1-800-463-0084. 1-42

13 LIVESTOCK

FEEDER PIGS FOR SALE - 40 lbs. ad over. Phone 645-2733. 031

LOOKING FOR COWS TO CALF OUT - And pasture on cash or share basis. Call 645-2223 anytime. 031

FOR SALE OR LEASE - Complete herd. 100 Hereford Cross Cows, 5 to 8 years old. 50 bred heifers, char. cross. Closed herd for last 6 years. 403-724-3657. 031

13 LIVESTOCK

FOR SALE OR LEASE - Complete Herd. 100 Hereford / Cross Cows. 5 to 8 years old. 50 bred charolais / cross heifers. Closed herd for last six years. 403-724-3657. 031

FOR SALE - 2 bred Holstein heifers and 1 yearling heifer. Also 3 Waikato milk meters. Call Don Shepert at 645-2159. 024

WANTED - Someone to look after cows on a yearly share basis. Phone 768-3877. Oct24

FULLBLOOD LIMOUSIN BULLS - Easy calving. 2-year-olds and 1-year-old, also 16' hitch horse trailer, 2 years old, like new, spare, mats. 645-6933. xxx

LOST - 38, 2 year old heifers, possibly with calves at foot. Brand (Lazy D split-end bar 33) either rib or hip. If you know the whereabouts of any of these animals contact Paul 403-326-2114, Barb 403-326-2120. 1-42

SALERS GENETIC DIMENSION Female Sale! 40 Breds, 10 opens. Oct. 28/95, 1 p.m., Nilsson Bros., Clyde. Call Chesla Farm Sales 403-398-2153; Ravine Drive Sales 403-367-2483. 2-43

300 BRED HEIFERS, Simmental X- Angus, 200 Reds, 100 Blacks, 61 horses, Paints, Red and Blue Roan, A.Q.H.A.'s MacMillan Ranch Sale, Nov. 9/95. Catalogue: Vermilion, AB, 403-853-2292. 1-42

BORDER COLLIE PUPPIES from stock working parents. Registered and immunized. Born Sept. 14/95. Phone Ted or Kate 403-853-5162. 1-42

MUST SELL due to lack of space. 3 pairs African Black ostriches. 16 months old. Microchipped, vet inspected. Open to all offers. Phone 403-963-5865. 1-42

16 MISCELLANEOUS

FOR SALE - Antique machinery, some horse drawn equipment. Call Doug after 8 p.m. at 724-2468. 024

STOCK TANKS - Texas gates, land rollers, bale feeders, cattle chute, new & used iron, Q-T plates, lots of I-beam & pipe, also scrap wanted. 645-3911. Oct24

MANUFACTURER'S "Direct to you" steel building components, frames, sheeting, colour +galvalume. Purlins +girts, flashings, insulation, screws, engineering. Customized building kits. Satisfaction guaranteed. Call Andy 403-922-6343. 2-42

17 NOTICES

DRIED FLOWERS. Looking for fun winter projects? Making Christmas gifts? Order our free dried flower catalogue: Hamer Farms, Box 5, Grinrod, BC, V0E 1Y0. 1-604-838-2146. 1-42

18 PERSONAL

PSYCHIC MASTERS, genuine Canadian psychics, past, present, future revealed, romance, wealth, career, lucky numbers. Live and personal, 1-900-451-3778. \$2.99/minute, 18+, 24 hours. I.C.C. 4-45

PSYCHIC ALLIANCE. 100,000+ satisfied customers. Sept. - 6 lottery winners. Solve all problems. Answers about love, money, career. \$3.49/minute. Talk live 1 on 1. 24 hours. 18+. All calls confidential. 1-900-451-4336. 4-44

HEAVENLY PSYCHIC ANSWERS. Friends of thousands, multi-talented international psychics. Relationships, future, finance, career, live 24 hours, \$2.99/minute. 18+. 1-900-451-3783. 3-44

LIVE PSYCHICS

Police use us ... Rated #1 in Canada ... Harness your destiny. Your present & future revealed. Love, success, money ... Know now. 1-900-451-4055, Evany-Rays, 24 hrs., \$2.99/min., 18+.

18 PERSONAL

ALBERTA 900 DATELINE. Great dates! Alberta girls and guys, voice personals. Call 1-900-451-3099, ext. 489. 18+. Touch tone. \$3.29/minute. Canada 900. 702-593-0303. 1-42

AMAZING INSIGHT. Quality, heartfelt guidance. The most accurate in Alberta. Call Your Psychic Advantage, only \$2.99/minute, 18+, 24 hours. 1-900-451-6767. 1-42

ATTENTION: Birth parents, adoptees, siblings, foster persons. You have a right to search. One time fee. \$5. register now. Call Parent Finders, 403-466-3335 or write: Box 12031, Edmonton, AB, T5J 3L2. 1-42

LONELY, consider a match making service for companionship, marriage or outings. We offer and expect integrity, openness and honesty. Call: Meet Your Match, 403-934-6907. 1-42

19 PETS

GOLDEN RETRIEVER PUPS - From registered parents, excellent family pet. Good health and dewormed. \$275.00. Phone 726-2964. 024

AMERICAN COCKER SPANIEL PUP- PIES FOR SALE - 2 males, 2 females. Price includes shots and docking of tails, ready Dec. 31. Phone 645-1942 after 6 p.m., ask for Rick. 024

20 REAL ESTATE

GOT A CAMPGROUND membership/timeshare? We'll take it! America's largest, oldest resale clearinghouse. Resort Sales International 1-800-423-5967. Timeshare rentals needed. Call 24 hours a day. 1-42

6 QUARTERS, 795 acres cultivated. Peace River Country near Hythe, AB. Cattle or grain. \$55,000. per quarter, mobile home on separate acreage if desired. 1-403-356-2694. 1-42

2 BEDROOM mobile home for sale. 5 appliances, 2 bathrooms, open and roomy/clean. 1992 model 16 X 72, \$39,900. 403-723-6702. A must see. 1-42

21 RECREATIONAL

1986 POLARIS 250 SCRAMBLER TRIKE - Excellent condition. Phone 645-6930. 024

FOR SALE - 1982 Yamaha SRV, 550, new engine, \$2,500 obo. Phone 657-2412. 031

1995 POLARIS XLT SPECIAL 600cc TRIPLE - Excellent condition, 1,500 miles - Fox shocks, ACC-belly pan, ski skins, mirrors, foot rests, \$6,400. Phone Roy 645-6895 evenings. xxx

22 SERVICES

AVOID THE CHRISTMAS RUSH! - Get your new floors installed now by journeyman installer. Don Brooker Floor Covering Installation Service, phone 724-3870 evenings. Oct24

CANADIAN PARDON seals record. United States waiver removes risk of arrest, fines and deportation affecting business travel and employment opportunities. For confidential assistance phone 403-229-1200. 1-42

FALL TIME IS SEPTIC TANK TIME
Call JO-AL'S SEPTIC TANK SERVICE
Fair and Consistent Prices
Call Anytime
943-2465
Heinsburg

23 TENDERS

Norcen

Energy Resources Limited

Notice of Tender

Janitorial Services

Invitations for tender are requested for **Janitorial Services for the Elk Point Office** located 10.5 miles south east of Elk Point (SW 1-56-6W4). Call during business hours at 724-6000 to pick up specifications and review site. Interested parties are asked to provide a list of current local business references. Closing date is October 27, 1995. Effective date of contract is November 1, 1995. Lowest or any tender may not necessarily be accepted.

FOR SALE

Elevator Office

Alberta Pool offers for sale by tender, the following building located at Derwent, Alberta.

One - Elevator Office

The building must be dismantled and/or removed on or before November 30, 1995.

Tenders will be received on the basis of cash purchase and/or bid to remove at contract cost for payment by the Pool.

Information and tender forms may be obtained from the Alberta Pool staff at Myrnam, (403) 366-3791.

Completed tender forms must be forwarded by October 30, 1995 to:

Bob Anderson
Properties Department
Alberta Pool

P.O. Box 2700, 505 - 2nd Street S.W.
Calgary, Alberta T2P 2P5

Phone: (403) 290-4779
Fax: (403) 290-5550

The highest or any bid not necessarily accepted. GST must be added to the bid price submitted.



Helping Farmers
Feed The World

25 WANTED

WANTED TO BUY spruce standing in deck anywhere in province. Phone anytime 403-843-3713. 2-47

SMALL LOGGING COMPANY looking for private land. Timber, spruce, lodge pole pine log to suit. Small equipment used. Hand feller/hand limbed. References 403-435-0287. 2-47



October 22-28
National
Occupational
Therapy
Week

Frog Lake begins volleyball season

By Kim Singer

Frog Lake Napawaew School

Last week the Senior Boys and Girls of Frog Lake Napawaew School began their league play for the 1995 St. Paul County volleyball season against the unpredictable Mallaig Stingers. The Senior Girls volleyball team, which consisted of approximately 15 girls, put up a strong fight against Mallaig Senior Girls, but lost every one of the six league games. The Senior Boys team did quite well considering this was their first league game of the season. They took

two out of the six league games against Mallaig's strong Senior Boys team.

The Junior Boys and Girls also began their league play, starting off the season playing the Elk Point and Ashmont volleyball teams. The Junior Girls' team, coached by Charles Singer broke even, claiming three of their six league games. The Junior Boys volleyball team coached by Tim Deskosh also broke even, winning three of their six league games.

Both Frog Lake Senior Girls and Senior Boys volleyball teams were busy last weekend

playing in tournaments at Marwayne and Two Hills. The Senior Girls had a tremendous showing at Marwayne and placed third out of eight schools in the region. The Frog Lake Senior Boys were undefeated at the Two Hills tournament and won the championship in an exciting game against Smoky Lake.

The Senior Boys and Girls are looking forward to playing in more tournaments at Myrnam, Lac La Biche and Lloydminster. We wish the teams good luck during this 1995 volleyball season.

FGM's born athlete

By Kelly Oszust

F. G. Miller Student Journalist

Dennell Anderson of F. G. Miller High has the wonderful opportunity to take part in the Alberta-Kangwon Exchange. This is a program in which the Alberta Provincial Handball team plays against the same girls' handball team from Korea which won the Olympic gold in Barcelona.

Dennell tried out for the Alberta Provincial team in August. Now on October 19th the Alberta Provincial team will go to Edmonton to play against the girls' handball team from Korea at the U of A. The tournament is a week long event in which the girls will be playing in Edmonton, Calgary and Banff.

"I enjoy handball and it is a good learning experience. If I make the team that goes to Korea, then I will go there for a

week," said Dennell. She really hopes that her team goes to Korea, because she would like the chance to visit new countries.

All of her expenses except for the cost of meals is paid for by the Alberta Team Handball Federation. She is looking forward to next Wednesday when she leaves to go to Edmonton. Good luck, Dennell.

Thunder starts season with wins

Elk Point Midget Thunder started their 1995-96 season last weekend with two wins, defeating Grand Centre 7-4 Saturday in Grand Centre and 7-4 again Sunday at home.

Their next home game is coming up Friday night against Wainwright at 8 p.m.. Come out and cheer the boys on.

1995 S.P.A.A. Jr. Volleyball Standings

LEAGUE STANDING

After Week 3

WEST

GIRLS					BOYS				
GP	W	L	PTS		GP	W	L	PTS	
Mallaig	13	11	2	22	Mallaig	13	12	1	26
Glen Avon	13	6	7	12	Myrnam	12	6	6	12
Saddle Lake	13	6	7	12	Saddle Lake	13	5	8	10
Ashmont	12	5	7	10	Glen Avon	13	4	9	8
Myrnam	12	5	7	10	Ashmont	12	2	10	4

EAST

GIRLS					BOYS				
GP	W	L	PTS		GP	W	L	PTS	
Elk Point	12	10	2	20	Heinsburg	11	9	2	22
Heinsburg	11	6	5	12	Racette	9	7	2	18
Frog Lake	11	3	8	6	Frog Lake	11	4	7	8
Racette	9	1	8	2	Elk Point	12	4	8	8



FALL BACK!
STANDARD TIME RESUMES
OCTOBER 29th, 1995

HUTTON MARKETING

JUST ARRIVED ANTIQUE FURNITURE

American & English

3.5 mi. East of St. Paul
on Hwy. 28

Open 4:00 P.M. - 8:00 P.M.
Monday through Friday

Call John

at 645-5413

or

724-2434



County of St. Paul No. 19

PUBLIC NOTICE ELK POINT LANDFILL

WINTER HOURS OF OPERATION:

Effective October 1, 1995 to March 31, 1996

SATURDAYS -- 12:00 P.M. - 6:00 P.M.

TUESDAYS -- 12:00 P.M. - 6:00 P.M.

NOTE CHANGE - THURSDAYS ONLY

8:00 A.M. - 4:00 P.M.

(Effective November 2, 1995)

If further information is required, please contact:

DENNIS BERGHEIM AT 645-3301

DIVISION 1 COUNCILLOR-ELECT

Allen Young



Wishes to thank all those who voted for him in the October 16 County of St. Paul election.

He is looking forward to representing the people of

DIVISION 1

and taking their input to County Council.

This is not ...

POWER SAFE



Heads Up

Always watch for power lines when using a ladder to fix your roof or prune trees.



ALBERTA POWER LIMITED
An ATCO Company



County of St. Paul No. 19

TAKE NOTICE

That the following Development Permit has been issued in accordance with Land Use Bylaw No. 1146 of the COUNTY OF ST. PAUL NO. 19.

Permit#	Location	Type of Development
1652	N.W. 23-59-9-W4	Picture Framing and Crafts
1645	N.E. 17-57-6-W4	Greenhouse

Any person claiming to be affected by the said Development, may appeal to the Development Appeal Board by serving Notice of Appeal to the Secretary of the Development Appeal Board of the

COUNTY OF ST. PAUL NO. 19

5015-49 Avenue

St. Paul, Alberta T0A 3A4

within fourteen (14) days.

October 24, 1995

Ken Yettaw

Development Officer



Agriculture
Financial Services
Corporation

FARM FOR SALE BY TENDER

Land Description:

Four miles North of Derwent.
NE 33-54-7-W4 (153.72 ac/100 ac. cultv., 30 ac. hay)

TERMS - Sale

Asking Price:

NE 33-54-7-W4 (Includes Power & Well) \$54,000.00

Tender Information to Include:

- * Offer price, excluding GST
- * Deposit of 10% of offer

If You are Financing:

Insert this clause into your tender: "Subject to financing being arranged within 30 days of acceptance."

If You are Successful:

The balance and GST are payable within 30 days of acceptance.

Other Information:

Highest or any tender will not necessarily be accepted. Mark envelope with tender number **MAC#8408090**. Purchasers must fulfill Canadian residency and other land ownership requirements. There are restrictions on sales to public servants.

Deadline:

One o'clock on November 2, 1995 at AFSC, Box 1116, Vermilion, Alberta T0B 4M0

All those submitting a tender may attend the opening at two o'clock on November 2, 1995 at the AFSC Office, Provincial Building, Vermilion.

Notice to Realtors:

Reduced commissions (2.5%) apply. All tendering procedures apply.

Questions?

Call Alice Curry, Loans Officer, at 853-8266.